<u>4-Credit Optional Online Course:</u>

FOSTERING PERSONAL DEVELOPMENT AND SOCIAL PROGRESS: ME TO MANY

for the U.G. Students of All the Faculties and Affiliated Colleges of Savitribai Phule Pune University
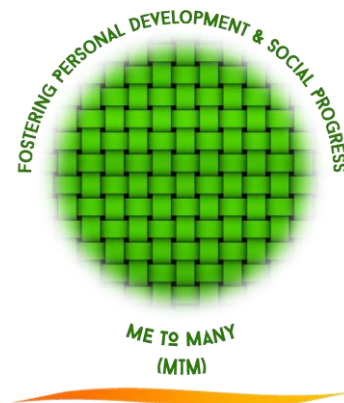
Syllabus

Registration Link will be open on 01 Jan. 2023 on www.bahaiacademy.org

Rationale:

Most of the U.G. students are on the last leg of their formal education—many will seek jobs after completing their graduation or begin their own enterprises. However, many of these students have had little opportunity to look at themselves positively, build their capacities, develop their value system, moral qualities, and right attitudes to have holistic visions for their life and meaningful careers and contribute to the development of rural communities. The **Me To Many** will provide this opportunity to them.

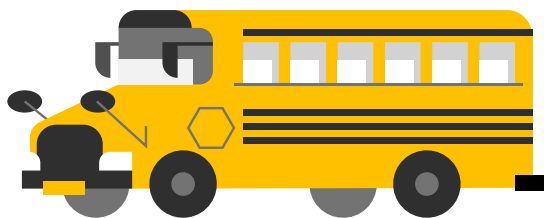### Features of This Unique Course:

➢ Boosts your personal development, self-motivation and builds your capabilities to achieve your life mission and goals

➢ Student-friendly LMS with an easy-to-navigate Dashboard, accessible from mobile phone

➢ Anytime, Anywhere, Anybody: All the videos (5-7 minutes duration) and text are available on the LMS

➢ Participatory Course Design, so you choose your Learning Partner and have activities in teams

➢ You begin to develop 21st Century Skills—personal, Professional and Social

➢ You nurture your self-confidence, moral qualities, and practice positive attitudes to carry with you, and drop unhealthy attitudes behind

➢ The course is action oriented, includes social media activities, games, MCQs, life-related practical, home activities and rural development project of your choice

➢ You experience joyful learning, with high success rate

➢ Plenty of optional activities to choose from

➢ You receive study workbook in hard copy too. The choice is yours.

Skills: Personal, Professional & Career Development, Social

PERSONAL SKILLS:

Network Building, Listening, Self-management, Learning, Self-analysis, Artistic Creativity, Distinguishing Truth from false, Self-assessment, Reflection, Online Ethical Interaction, Emotional resilience

PROFESSIONAL & CAREER DEVELOPMENT SKILLS:

Planning, Presentation, Communication, Organizational Skills, Motivating, Problem Solving, Creative Thinking , Team building, Delegation, Analysing, Inspiring, Oratory, Conflict Resolution, Consultation, Team discussion , Decision Making , Working under stress, Leadership, Visualization, Imagination, Documentation

SOCIAL SKILLS:

Managing Relationship Cooperation, Tolerance, Social communication, Persuasion skills. Fostering Initiative, Community Research, Community Survey, Resolving Moral Dilemma, Planning, community project, Raising Social awareness
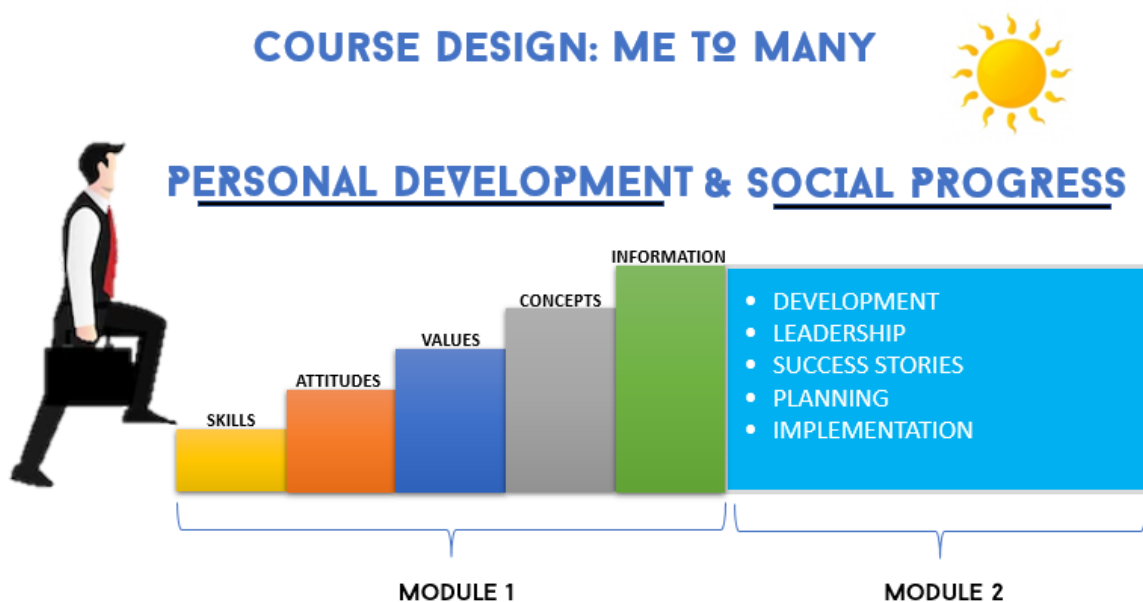
Attitudes to carry forward and attitudes to drop behind:

Attitudes to carry forward: Vision-oriented, Service, Collaboration, Scientific attitude, Understanding, Punctual, Faith, Respect, Fair minded, Trustworthy, Enthusiastic, Playfulness, Open minded, Helping, Self-confidence, Responsible, Appreciation, Planning, Impartiality, Commitment, uprightness , Perseverance, Enterprising, Innovative, Do it now, Joyful, Attentive, Courageous, Sympathy, Motivating, Humble, "can do' attitude, Disciplined, Inspiring, learning, Precision, Passion for truth, Positive, Selflessness, Adjustment, Unbiased, Transparent, Self-disciplined

Attitudes to drop behind: Carelessness, irresponsible, laziness, apathetic, complacent, indifferent, passive, inattentive, overconfident, insensitive, Harsh/rough, unethical, unscrupulous, overconfident, neglectful, intolerant, being passive, impatience, arrogance, corrupt, dominating, imposing, uncooperative, indecisive

> **"Fostering Personal Development and Social Progress"** Course has a scenario-based design and includes theoretical study as well as practical and field work. The course is offered in online mode. Sessions are participatory, using Cooperative Learning structures and experiential learning by trained teachers. The Course components include videos/ audio tracks, discussion forums, educational games, assignments, and reports. The two parts of the Course, each having 2-Credits, are as follows:

Module 1: Building Capabilities for Personal Development & Social Progress (2 Credits)

i.   Synchronous Introductory Session: The Aim of my education and Course Overview
ii. Asynchronous sessions
   1. The Leader in Me
   2. My Family: My Foundation
   3. My Life's Twin Purposes
   4. Overcoming My Dilemmas: The Compass, The Map and The Light (My Qualities: My Attitudes, Trustworthiness: The Supreme Condition)
   5. Helping Others Overcome Moral Dilemmas
   6. My Unity Building Mission
   7. United Action
   8. Creativity & Discipline in Action
   9. Practical:
      (Practical 1: Equal Wings   Practical 2: Uprightness)

Module 2: Rural Community Development & Project: 2 Credits

This Module includes important concepts and information pertaining to community development and a Rural Community Project to be carried out by the students in rural communities. This Module includes surveying the needs and resources of the target rural community, interacting with community members to decide the course of action and objectives for the project, implementing the project in collaboration with the local stakeholders, evaluation of the project success in collaboration with the stakeholders, preparing reports and making presentation about the project:

1. Concepts, strategies, and challenges
2. Developmental thoughts
3. Rural Social Development
4. Success stories
5. Govt. Schemes and policies
6. Project Planning and Management
   - Preparation
   - Implementation
   - Evaluation and learnings
   - Report writing and Presentation

Assessment and Evaluation:

Assessment and Evaluation is done through Continuous Comprehensive Evaluation and an online end exam.

Medium of Instruction:

The Course is offered in both Marathi and English

Fees:

Rs. 500/- per student. The fees include the synchronous and asynchronous sessions, Workbook in hard copy, tuition, assessment, and evaluation.

Registration Link will be open in 01.01.2023 on www.bahaiacademy.org